

# DAYS 4-7: DRILLS & SKILLS

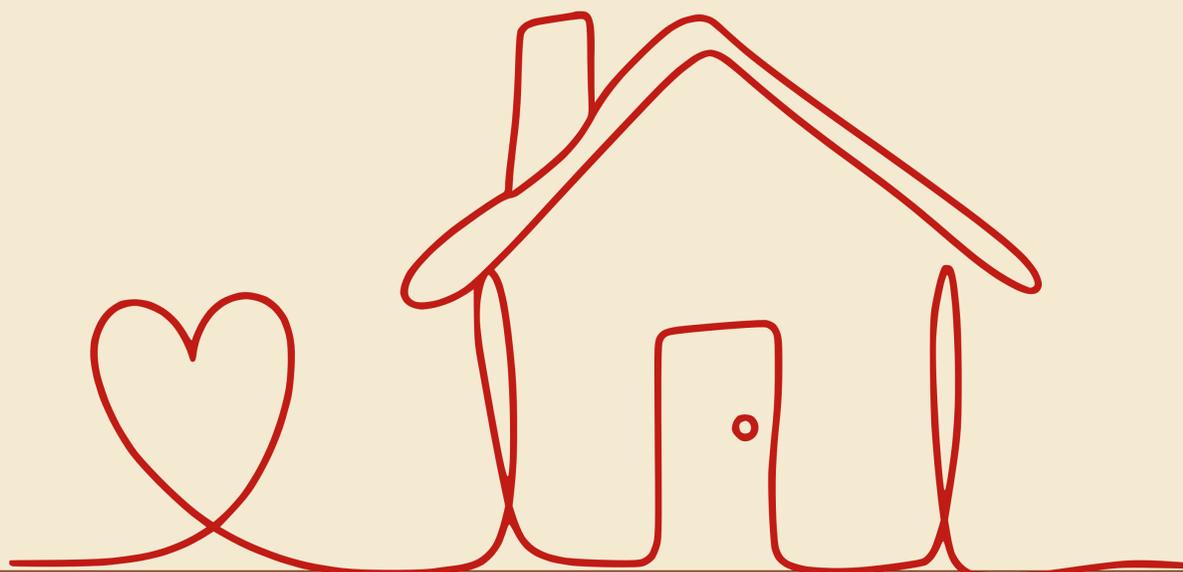
## Days 4-5 Preparedness Checklist

### ■ DAY 4: Home Safety

- Inspect kitchen and electrical risks
- Clear pathways and exits
- Test smoke or alarm devices
- Add a water filter or purification tablets

### ■ DAY 5: Security

- Lock test (doors + windows)
- Check outdoor lighting
- Review family contact plan

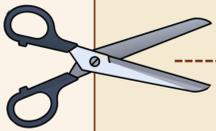


# DAYS 4-7: DRILLS & SKILLS

## Days 6-7 Preparedness Checklist

### ■ DAY 6: First Aid Practice

- Locate your kit
- Restock missing items
- Practice basic bandaging



### ■ DAY 7: Completion Goal

- Your home is safer
- Your gear is easy to find
- Your response time is faster

